

Junior Swimmer

INSPIRATION AND RECOGNITION FOR YOUNG SWIMMERS

Jr. Swimmer was started by Peter Daland in 1952. It became a magazine in 1960 and then merged with *Swimming World* in 1961. Today, the title lives as a monthly section in *Swimming World Magazine*.

NAG Record SETTER



ABOVE » (from left) Gunnar Wolfe, Nick Bode, Andrew Heymann, Daniel Chen

[statistics]

- **Team:**
Lake Oswego Swim Club
Lake Oswego, Oregon
- **National Age Group Record Holders:**
15-16 Boys
200 Meter Freestyle Relay
- **Birthdates:**
Gunnar Wolfe: November 1993
Nick Bode: March 1994
Andrew Heymann: January 1993
Daniel Chen: June 1994
- **Height:**
Gunnar: 6-3
Nick: 6-1
Andrew: 5-10
Daniel: 5-10
- **Coach:**
Coley Stickels

Lake Oswego 15-16 Boys 200 Meter Freestyle Relay

BY JUDY JACOB

Swimmers representing Lake Oswego Swim Club bettered a total of seven national age group relay records during the 2008-09 season. The seventh standard was set during the Oregon Swimming 11-and-Over Long Course Championships, July 30-Aug. 2, in Mt. Hood, Ore.

Swimming in time trials, the 15-16 boys 200 meter free relay team of Daniel Chen, Andrew Heymann, Nick Bode and Gunnar Wolfe combined for a 1:37.12, which took down the 1:37.36 record set in 2000 by the Irvine Novas.

Lake Oswego's quartet also placed second in the 400 free relay (3:40.28) and was fourth in the 200 medley relay (1:53.49).

Three of the boys placed in the top eight of the 50 free: Gunnar was fifth (25.03), Nick was seventh (25.35) and Andrew took eighth (25.21p). Daniel was first in consol finals with a 25.17. In other top-eight placings, Andrew was first in the 200 IM (2:12.62) and second in the 200 breast (2:28.83), and Nick was sixth in the 100 breast (1:09.88).

HANG TIME:

- Gunnar:** Hanging out with my best friends and eating
Nick: Surfing, waterskiing, wakeboarding, hanging out with friends
Daniel: Friends, movies, drums
Andrew: Waterskiing, chilling with friends, travel, eating food, watching TV

FAVORITE THING ABOUT SWIMMING:

- Gunnar:** Winning
Nick: Competing and to see how far I can push myself
Andrew: Pushing myself every day in practice—swimming has made me a mentally stronger person in everything I do
Daniel: The end of the season and feeling the result of my hard work and commitment

SHORT-TERM GOALS:

- Gunnar:** Achieve a Top 5 U.S. ranking in the 50 free
Nick: Qualify for summer junior nationals
Andrew: Final at junior nationals and qualify for senior nationals
Daniel: Do well in summer junior nationals

LONG-TERM GOALS:

- Gunnar:** Final at 2012 Olympic Trials
Nick: Earn a Division I college scholarship and win an Olympic gold medal
Andrew: Qualify for the World Championships team
Daniel: Do well in the Olympics ♦

[PHOTO PROVIDED BY KEVIN BODE]