



Lake Oswego Swim Club
Team Records – Short Course Yards
 Current as of 8/8/09

National Record

State Record

8&U Girls

8&U Boys

Name	Record	Date		Name	Record	Date
Cassidy Robinson	15.18	8-Nov-03	25 Free	Santo Condorelli	14.28	28-Jun-03
Cassidy Robinson	32.95	23-Jan-04	50 Free	Santo Condorelli	31.61	10-May-03
Brenda Cha	1:15.29	19-Feb-05	100 Free	Brendan Liu	1:11.26	11-Aug-00
Brenda Cha	2:48.52	5-Nov-04	200 Free	Brendan Liu	2:39.45	24-Jun-00
Cassidy Robinson	17.70	8-Nov-03	25 Back	Santo Condorelli	17.57	28-Jun-03
Allison Heymann	38.29	8-Feb-03	50 Back	Santo Condorelli	37.33	10-May-03
Allison Heymann	1:26.44	25-Jan-03	100 Back	Brendan Liu	1:24.81	13-May-00
Brie Balsbough	19.65	20-Feb-05	25 Breast	Luke Fuller	19.90	21-Jan-97
Brie Balsbough	43.15	19-Feb-05	50 Breast	Luke Fuller	42.50	21-Jan-97
Brenda Cha	1:33.88	18-Mar-05	100 Breast	Luke Fuller	1:40.69	21-Feb-97
Brenda Cha	16.06	20-Feb-05	25 Fly	Santo Condorelli	15.84	28-Jun-03
Brenda Cha	35.27	18-Mar-05	50 Fly	Santo Condorelli	36.66	10-May-03
Brenda Cha	1:32.07	13-Nov-04	100 Fly	Santo Condorelli	1:35.50	10-May-03
Cassidy Robinson	1:23.67	23-Jan-04	100 IM	Santo Condorelli	1:21.29	26-Apr-03
Brenda Cha	3:06.35	5-Dec-04	200 IM	Santo Condorelli	2:41.19	12-Jan-04
C. Lei, M. Gornbein, M. Schilling, C. Turner	1:05.99	20-Oct-00	100 Free Relay	E. Agritelley, Q. Joslin, L. Balsbough, K. Marshall	1:08.00	17-Feb-07
C. Lei, M. Gornbein, C. Turner, A. Simanton	1:03.30	2-Jun-00	100 Medley Relay	W. Hayden, M. Nachriener, S. Condorelli, L. Marshall	1:19.24	8-Feb-03

National Record

State Record

9-10 Girls

9-10 Boys

Name	Record	Date		Name	Record	Date
Brenda Cha	26.80	17-Feb-07	50 Free	Jason Lou	26.69	23-Mar-01
Morgan Scroggy	57.96	26-Mar-99	100 Free	Jason Lou	59.80	23-Mar-01
Karen Turner	2:06.69	15-Jan-05	200 Free	Jason Lou	2:13.92	5-Apr-01
Mackenzie Luick	6:04.70	12-Feb-02	500 Free	Brian Frazier	6:20.64	30-Nov-07
Cassidy Robinson	30.85	6-Jan-06	50 Back	Jason Lou	32.56	23-Mar-01
Brenda Cha	1:08.14	21-Apr-07	100 Back	Jason Lou	1:09.15	23-Mar-01
Brenda Cha	34.72	17-Feb-07	50 Breast	Matt Nachreiner	35.12	18-Feb-06
Brenda Cha	1:18.01	6-Oct-06	100 Breast	Matt Nachreiner	1:16.37	17-Mar-06
Brenda Cha	29.23	23-Mar-07	50 Fly	Jason Lou	30.06	23-Mar-01
Brenda Cha	1:05.00	21-Apr-07	100 Fly	Brian Frazier	1:09.74	14-Mar-08
			200 Fly	Brian Frazier	2:50:73	4-Jan-08
Brenda Cha	1:06.61	23-Mar-07	100 IM	Matt Nachreiner	1:09.52	18-Feb-06
Karen Turner	2:22.70	16-Jan-05	200 IM	Matt Nachreiner	2:30.31	17-Mar-06
Morgan Scroggy	5:20.00	16-Jan-99	400 IM	Brian Frazier	5:36:92	4-Jan-08
C. Robinson, B. Cha, C. Keany, K. King	1:55.87	9-Jan-06	200 Free Relay		1:59.23	2-Jun-00
C. Keany, K. King, B. Cha, C. Robinson	2:13.60	15-Jan-06	200 Medley Relay	D. Nachreiner, J. Friedman, A. Heymann, K. Sellers	2:21.71	21-Mar-03

National Record

State Record

11-12 Girls

11-12 Boys

Name	Record	Date		Name	Record	Date
Grace Carlson	23.58	21-Feb-08	50 Free	Daniel Chen	22.76	15-Jun-07
Grace Carlson	52.54	21-Feb-08	100 Free	Daniel Chen	51.69	13-Apr-07
Karen Turner	1:57.18	17-Mar-06	200 Free	Daniel Chen	1:56.09	23-Mar-07
Morgan Scroggy	5:11.87	1-Dec-00	500 Free	Daniel Chen	5:21.96	13-Apr-07
			1000 Free	Andrew Engert	12:17.60	17-Jan-98
Grace Carlson	26.63	21-Feb-08	50 Back	Daniel Chen	26.58	23-Jun-07
Grace Carlson	57.25	21-Feb-08	100 Back	Daniel Chen	59.75	23-Mar-07
Karen Turner	2:11.34	6-Oct-06	200 Back	Andrew Gibbs	2:24.92	5-Feb-05
Brie Balsbough	30.24	15-Feb-09	50 Breast	Nick Bode	31.19	22-Feb-07
Susan Guyler	1:08.85	16-Feb-01	100 Breast	Andrew Ottolia	1:07.42	21-Feb-03
Mackenzie Luick	2:36.69	21-Feb-03	200 Breast	Andrew Ottolia	2:26.76	21-Feb-03
Grace Carlson	25.67	14-Mar-08	50 Fly	Daniel Chen	27.49	13-Apr-07
Grace Carlson	58:00	14-Mar-08	100 Fly	Brian Frazier	1:02.52	27-Mar-09
Grace Carlson	59.48	14-Mar-08	100 IM	Daniel Chen	59.83	23-Mar-07
Karen Turner	2:08.19	17-Mar-06	200 IM	Daniel Chen	2:14.67	13-Apr-07
Grace Carlson	4:39:39	4-Jan-08	400 IM	Andrew Heymann	5:13.95	9-Oct-04
G. Carlson, C. Robinson, B. Cha, C. Keany	1:40:25	12-Jan-08	200 Free Relay	D. Chen, N. Bode, M. Nachreiner, L. Marshall	1:41.45	22-Feb-07
G. Carlson, B. Cha, A. Lyons, C. Keany	3:42.89	21-Feb-08	400 Free Relay	D. Chen, N. Bode, M. Nachreiner, L. Marshall	3:43.49	22-Feb-07
G. Carlson, B. Balsbough, B. Cha, C. Keany	1:52.45	14-Mar-08	200 Medley Relay	D. Chen, L. Marshall, A. Lyons, N. Bode	1:52.56	3-Nov-06
G. Carlson, B. Balsbough, B. Cha, C. Keany	4:08.84	14-Mar-08	400 Medley Relay	D. Chen, L. Marshall, A. Lyons, N. Bode	4:14.95	6-Oct-06

National Record

State Record

13-14 Girls

13-14 Boys

Name	Record	Date		Name	Record	Date
Karen Turner	23.18	13-Dec-08	50 Free	Daniel Chen	21.60	26-Feb-09
Grace Carlson	50.63	26-Feb-09	100 Free	Daniel Chen	47.97	26-Feb-09
Morgan Scroggy	1:50.72	12-Mar-03	200 Free	Daniel Chen	1:46.98	27-Mar-09
Morgan Scroggy	4:57.50	27-Feb-02	500 Free	Jeremy Dam	5:00.88	12-Feb-99
Morgan Scroggy	10:05.63	21-Feb-03	1000 Free	Jeremy Dam	10:27.23	26-Feb-99
Morgan Scroggy	16:55.75	21-Feb-03	1650 Free	Jeremy Dam	17:28.98	26-Feb-99
Karen Turner	55.20	11-Dec-08	100 Back	Daniel Wilson	53.34	25-Feb-94
Karen Turner	1:59.61	9-Jan-09	200 Back	Daniel Chen	2:00.05	26-Feb-09
Sarah Feil	1:05.46	21-Feb-08	100 Breast	Nick Bode	59.87	26-Feb-09
Grace Carlson	2:24.65	26-Feb-09	200 Breast	Luke Marshall	2:20.26	14-Mar-08
Karen Turner	55.28	14-Mar-08	100 Fly	Daniel Chen	54.43	27-Mar-09
Julie McCauley	2:06.47	21-Mar-00	200 Fly	Jeremy Dam	2:07.94	26-Feb-99
Karen Turner	2:02.49	14-Mar-08	200 IM	Nick Bode	1:58.48	26-Feb-09
Morgan Scroggy	4:32.62	28-Dec-02	400 IM	Jeremy Dam	4:36.34	26-Mar-99
K. Turner, S. Feil, A. Wiley, K. Lin,	1:35.32	21-Feb-08	200 Free Relay	D. Chen, N. Bode, A. Lyons, G. Wolfe	1:30.22	14-Mar-08
G. Carson, K. Turner, C. Robinson, C. Keany	3:31.43	09-Jan-09	400 Free Relay	D. Chen, N. Bode, A. Lyons, G. Wolfe	3:18.61	17-Oct-08
G. Carson, C. Keany, C. Robinson, A. Lyons	7:49.32	26-Feb-09	800 Free Relay	D. Chen, W. Hyden, A. Lyons, G. Wolfe	7:40.68	21-Feb-08
K. Turner, A. Wiley, S. Feil, K. Lin	1:45.11	21-Feb-08	200 Medley Relay	D. Chen, N. Bode, A. Lyons, G. Wolfe	1:41.94	14-Mar-08
K. Turner, A. Wiley, S. Feil, K. Lin	3:54.38	21-Feb-08	400 Medley Relay	D. Chen, N. Bode, A. Lyons, G. Wolfe	3:45.73	21-Feb-08

National Record

State Record

15-16 Girls

15-16 Boys

Name	Record	Date		Name	Record	Date
Karen Turner	23:52	11-Dec-08	50 Free	Sean Malinoski	21.75	28-Feb-08
Karen Turner	51.51	11-Dec-08	100 Free	Timothy Engvall	47.47	11-Dec-09
Sarah McCauley	1:49.26	20-Feb-98	200 Free	Robert Wilson	1:45.19	19-Feb-94
Claire Oester	4:52.19	18-Feb-00	500 Free	Peter Skoog	4:49.59	21-Mar-95
Emily Wilson	10:22.90	15-Mar-01	1000 Free	Peter Skoog	9:49.24	21-Mar-95
Emily Wilson	17:10.55	20-Nov-01	1650 Free	Matt Schmelzer	16:28.82	5-Nov-99
Karen Turner	56.05	11-Mar-09	100 Back	Daniel Wilson	52.84	19-Mar-96
Karen Turner	2:00.87	11-Mar-09	200 Back	Daniel Wilson	1:53.89	19-Mar-96
Amy Wiley	1:03.68	11-Dec-08	100 Breast	Justin Reeves	59.48	19-Mar-96
Amy Wiley	2:20.86	11-Mar-09	200 Breast	Justin Reeves	2:09.85	13-Mar-95
Karen Turner	56.21	11-Mar-09	100 Fly	Josh Parkin	51.67	11-Feb-00
Julie McCauley	2:06.32	29-Nov-01	200 Fly	Devin Saez	1:56.47	2-Mar-00
Karen Turner	2:03.48	11-Mar-09	200 IM	Josh Parkin	1:56.20	11-Feb-00
Sarah McCauley	4:31.86	23-Jan-98	400 IM	Jon Wisniewski	4:14.07	15-Mar-01
S. Nicholson, J. McCauley, S. Guyler, H. Koss	1:40.51	15-Mar-01	200 Free Relay	B. Cha, S. Malinoski, N. Gipe, J. Hammes	1:28.14	28-Feb-08
J. McCauley, S. Nicholson, E. Wilson, H. Koss	3:36.72	15-Mar-01	400 Free Relay	B. Cha, B. Liu, N. Gipe, S. Malinoski	3:15.93	28-Feb-08
			800 Free Relay	B. Liu, S. Malinoski, N. Gipe, I. Hayden	7:17.45	28-Feb-08
S. Nicholson, S. Guyler, J. McCauley, H. Koss	1:54.48	15-Mar-01	200 Medley Relay	S. Malinoski, B. Cha, B. Liu, N. Gipe	1:38.87	28-Feb-08
E. Wilson, S. Guyler, J. McCauley, H. Koss	4:07.74	2-Mar-01	400 Medley Relay	S. Malinoski, B. Cha, B. Liu, N. Gipe	3:40.55	28-Feb-08

National Record

State Record

17 & Over Girls

17 & Over Boys

Name	Record	Date		Name	Record	Date
Sarah Norton	23.58	19-Feb-99	50 Free	Scott Townsend	20.38	20-Mar-90
Sarah Norton	51.48	19-Feb-99	100 Free	Scott Townsend	45.29	20-Mar-90
Sarah McCauley	1:48.86	19-Feb-99	200 Free	Mitchell McGinty	1:42.93	19-Mar-96
Sarah McCauley	4:49.45	19-Feb-99	500 Free	Matt Schmelzer	4:34.53	18-Feb-00
Emily Wilson	10:06.40	27-Feb-02	1000 Free	Matt Schmelzer	9:24.01	21-Mar-00
Emily Wilson	16:48.76	27-Feb-02	1650 Free	Matt Schmelzer	16:02.63	2-Dec-99
Sarah McCauley	58.18	3-Dec-98	100 Back	Peder Skoog	52.29	19-Mar-97
Sarah McCauley	2:00.26	4-Mar-99	200 Back	Brendan Liu	1:51.09	11-Mar-09
Mackenzie Luick	1:02.20	11-Dec-08	100 Breast	Jud Crawford	58.03	30-Nov-95
Mackenzie Luick	2:14.41	11-Mar-09	200 Breast	Jud Crawford	2:06.25	30-Nov-95
Mackenzie Luick	57.14	15-Feb-09	100 Fly	Mitchell McGinty	50.09	19-Mar-96
Julie McCauley	2:07.59	12-Mar-03	200 Fly	Devin Saez	1:50.53	15-Mar-01
Sarah McCauley	2:05.85	16-Mar-99	200 IM	Evan Mueller	1:54.16	16-Feb-01
Bethany Pendleton	4:30.78	16-Mar-99	400 IM	Mitchell McGinty	4:06.92	19-Mar-96
K. Turner, A. Wiley, M. Luick, G. Carson	1:33.14	11-Mar-09	200 Free Relay	S. Malinoski B. Cha, N. Bode, A. Heymann,	1:25.65	11-Mar-09
G. Carson M. Luick, A. Wiley, K. Turner	3:27.48	11-Mar-09	400 Free Relay	T. Engvall, B. Cha, S. Malinoski, B. Liu	3:08.28	11-Mar-09
M. Scroggy, A. Trattner, E. Wilson, J. McCauley	7:29.01	12-Mar-03	800 Free Relay	D. Saez, J. Parkin, J. Madden, E. Mueller	6:57.53	15-Mar-01
K. Turner, M. Luick, G. Carson A. Wiley	1:42.63	11-Dec-08	200 Medley Relay	S. Malinoski N. Bode B. Liu T. Engvall	1:35.82	11-Mar-09
K. Turner, A. Wiley M. Luick, G. Carson	3:47.81	11-Dec-08	400 Medley Relay	J. Dam, E. Mueller, D. Saez, J. Parkin	3:30.10	15-Mar-01