



2009-2010 Lake Oswego Swim Club Code of Conduct

All swimmers and their parents are required to sign and adhere to the following code of conduct as a condition of their membership in LOSC.

General Behavior:

1. Each swimmer shall be considerate of his/her teammates. Inappropriate behavior that reflects negatively on LOSC or is detrimental to performance objectives or one's safety will not be tolerated.
2. Team members will display proper respect and sportsmanship toward teammates, coaches, officials, parents, administrators, fellow competitors and the public, to include both person and property.
3. LOSC expects all members of the club, whether parents or swimmers, to protect and improve the club's excellent reputation within the swimming community.
4. LOSC members shall not contact the media on behalf of an individual on the team regarding that individual's performances/activities related to LOSC. All media/public relations must be handled through LOSC Communications.
5. All illegal activity, including but not limited to the possession or use of alcohol, tobacco products, or illegal drug; the illegal sale, distribution or use of any substance listed on FINA's recognized list of banned substances; vandalism and/or theft is prohibited. The strictest punishment will be imposed.
6. Ingestion, injection, or inhalation of anabolic steroids or performance enhancing supplements may be illegal and cause major health problems. Taking these substances is done so at the athlete's own risk, and athletes should seek information and approval from his/her family physician before any supplements are considered. Taking anabolic steroids or performance enhancing supplements may disqualify the athlete from competition.
7. LOSC recognizes and will enforce the code of conduct established by USA Swimming and Oregon Swimming. It is the swimmer's responsibility to read and understand each.

USA SWIMMING ATHLETE CODE OF CONDUCT (Article 304):

http://www.usaswimming.org/USASWeb/_Rainbow/Documents/84197263-fbe3-4373-84c8-129a1e9426e1/2009%20Rulebook%20noPP.pdf

Travel:

1. Swimmers acknowledge that all team trips are a privilege and accept the responsibilities associated with them. Swimmers must obey and show the proper respect to all coaches, chaperones and bus drivers on any team trips.
2. Room assignments and curfews set by the coaches or chaperones during team trips will be strictly obeyed.
3. To ensure the propriety of the athletes, there will be no male athletes in female athletes' rooms, and vice versa. There will be an attempt made to provide an appropriately supervised area for co-ed relaxation and recreation whenever possible.
4. Violation of these rules will result in disciplinary action, including the possibility of being sent home from the meet at the expense of the swimmer's family.

Implementation:

Failure to comply with these guidelines will result in disciplinary action to be determined by the Board of Directors and coaching staff of LOSC. Such discipline may include, but is not limited to, any or all of the following:

1. Immediate Removal from a practice session, swim meet (scratch) or other team activity.
2. Temporary removal of privileges such as practice, meet participation, socials, etc.
3. Swimmers subject to disciplinary action will be responsible for all costs incurred as a result of their actions.

4. Any member or prospective member of LOSC may be denied membership, censured, placed on probation, suspended, fined or expelled from LOSC if such member violates the provisions of the LOSC Code of Conduct, or aids, abets, or encourages another person to violate any of the provisions of the LOSC Code of Conduct.

Should any of these disciplinary actions be taken, parents will be notified as soon as possible.

I, _____ as a member of the Lake Oswego Swim Club, understand and agree to comply with the above guidelines set forth by LOSC, as signified by my and my parent's (guardian) signatures. I accept and agree to the terms of this Code of Conduct;

Swimmer _____ Date: _____

Parent/Guardian: _____ Date: _____

USA Swimming
ARTICLE 304
CODE OF CONDUCT

304.1 The mission of USA Swimming is to encourage participation and the pursuit of excellence in all aspects of swimming. USA Swimming grants the privilege of membership to individuals and organizations committed to that mission. The privilege of membership may, therefore, be withdrawn or denied by USA Swimming at any time where USA Swimming determines that a member or prospective member's conduct is inconsistent with the mission of the organization or the best interest of the sport and those who participate in it.

In order to assist all members to better serve the interests of those who participate in swimming, USA Swimming has adopted this Code of Conduct.

304.2 Any member or prospective member of USA Swimming may be denied membership, censured, placed on probation, suspended for a definite or indefinite period of time with or without terms of probation, fined or expelled from USA Swimming if such member violates the provisions of the USA Swimming Code of Conduct, set forth in 304.3, or aids, abets or encourages another person to violate any of the provisions of the USA Swimming Code of Conduct.

304.3 The following shall be considered violations of the USA Swimming Code of Conduct:

.1 Violation of the right to compete provisions set forth in 301.1 through 301.4.

.2 Violation of the anti-doping provisions set forth in 303.3 or 303.4.

.3 Discrimination in violation of Part Five of the USA Swimming Corporate Bylaws or any other section of the USA Swimming Rules and Regulations, or in violation of Section 201(b)(6) of the Amateur Sports Act which requires that USA Swimming must provide: "an equal opportunity to amateur athletes; coaches, trainers, managers, administrators, and officials to participate in amateur athletic competition, without discrimination on the basis of race, color, religion, age, gender, or national origin".

.4 Conviction of, imposition of a deferred sentence for, or any plea of guilty or no contest at any time, past or present, or the existence of any pending charges, for (i) any felony, (ii) any offense involving use, possession, distribution or intent to distribute illegal drugs or substances, or (iii) any crime involving sexual misconduct.

.5 Any inappropriate sexually oriented behavior or action directed towards a member by any other adult participating in any capacity whatsoever in the affairs or activities of USA Swimming or its LSCs (whether such adult is a member or not). Any nonconsensual physical sexual conduct, or pattern of unwelcome advances or other sexual harassment in connection with or incidental to a USA Swimming-related activity by any person participating in the affairs or activities of USA Swimming or its LSCs (whether such person is a member or not) directed toward any member or other person participating in the affairs or activities of USA Swimming or its LSCs. (effective September 27, 2008)

.6 The sale or distribution of illegal drugs or the illegal sale or distribution of any substance listed on FINA's recognized list of banned substances.

.7 The use of illegal drugs in the presence of an athlete, by a coach, official, trainer of, or a person who, in the context of swimming, is in a position of authority over, that athlete.

.8 The providing of alcohol to an athlete by a coach, official, trainer, manager or any other person where the athlete is under the legal age allowed to consume or purchase alcohol in the state where the alcohol is provided.

.9 The abuse of alcohol in the presence of an athlete under the age of 18, by a coach, official, trainer of, or a person who, in the context of swimming, is in a position of authority over that athlete.

.10 Physical abuse of an athlete by any person who, in the context of swimming, is in a position of authority over that athlete.

.11 Any act of fraud, deception or dishonesty in connection with any USA Swimming-related activity.

.12 Any non-consensual physical contact, obscene language or gesture, or other threatening language or conduct directed towards any meet official and which is related to any decision made by such official in connection with a USA Swimming-sanctioned competition.

.13 Action, other than through general advertising, by a coach, owner, officer, volunteer, representative, or employee of a swim club, or a USA Swimming or LSC employee, either through direct contact with an athlete or the encouragement of others, to recruit or otherwise encourage an athlete who is already a member of a USA Swimming member swim club to leave that club, unless the acting party receives prior written approval to recruit or encourage the athlete to change affiliation from the designated club representative of the athlete's existing USA Swimming-member swim club or contact is initiated by the athlete, the athlete's parent or authorized representative. General advertising includes any information that is:

A Distributed to an identifiable general population where there is a reasonable expectation that the majority of that population are not current members of USA Swimming, or

B Placed in or on any item that is sold.

In the event of a violation of this section, a sanction may be imposed against any coach, owner, officer, volunteer, representative or employee of a swim club, or against any such club, or any combination thereof, as appropriate.

.14 Violation of any team misconduct rule as established by the USOC, USA Swimming, any Zone or LSC team authority.

.15 Any other material and intentional act, conduct or omission not provided for above, which is detrimental to the image or reputation of USA Swimming, a LSC or the sport of swimming.