



2016 OR HEAT Age Group Jubilee

December 9-11, 2016

Hosted by Hillsboro HEAT Swim Team

SCY – Qualifying Time Standards

Prelim/Final – Ages 10-14

SANCTION

#16-166

Held under the sanction of USA Swimming, Inc. In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

MEET REFEREE

Tom Ishii

tbishii@wvi.com

Walter Monk

protektno1@comcast.net

ADMIN OFFICIAL

Martha Pagel /Anne Stansell

MEET DIRECTOR

Elaine Heasley

meetdirector@hillsboroheat.org

LOCATION

Shute Park Aquatic and Recreation Center (SHARC)

953 SE Maple St

Hillsboro, OR 97123

503.681.6127

DIRECTIONS

Southbound: Merge onto I-405 S toward US-26. Merge onto US-26 W via Exit 1D toward Beaverton. Merge onto OR-217 S via Exit 69A toward Beaverton/Tigard. Take the Canyon Rd / OR-8 / OR-10 exit (Exit 2A) toward Beaverton. Turn right onto SW Canyon Rd / OR-8. Continue to follow OR-8 (becomes TV Highway) for about 9.8 miles. Turn left onto SE Maple St.

Northbound: I-5 North to OR-217. Merge onto OR-217 N via Exit 292A toward Tigard / Beaverton. Take the Canyon Rd / OR-8 / OR-10 exit (Exit 2A) toward Beaverton. Stay straight to go onto ramp. Turn left onto SW Canyon Rd / OR-8. Continue to follow OR-8 (becomes TV Highway) for about 9.8 miles. Turn left onto SE Maple St.

PARKING

Street parking is available surrounding the recreational complex on Maple St, 9th Ave and Cedar St. There are two additional parking lots: across the street from the facility off 9th Ave and south of Shute Park off SE 10th Ave / TV Hwy. NO parking in the library parking lot, Carl's Jr parking lot or in marked spots for meet officials/volunteers.

FACILITY

Indoor, heated, 25-yard, 6-lane pool and Colorado automatic timing system. Starting block end from 5 feet to 5 ½ feet deep. Shallow end 3 ½ feet deep. The competition course has not been certified in accordance with 104.2.2C(4). Access areas are available for adaptive swimmers. Also available is a 25-yard outdoor pool for warm-up and warm-down. Bleacher seating is available for spectators as well as limited space for setting up chairs. Belongings may NOT be left on deck after the morning prelim sessions in order to save a spot for finals. Space is needed for the Winter Invite sessions which take place between the Jubilee's prelims and finals. The SHARC does not allow chairs or other items to remain overnight. Anything left on deck will be placed in the meet's lost and found.

LOST AND FOUND

Located on the table in the hallway between the Concessions and Hospitality Rooms. Please also inquire at the SHARC front desk for items left in the locker rooms.

- CONCESSIONS** Provided by the Hillsboro HEAT Swim Team and available in the room behind the starting blocks.
- RESTRICTIONS** Tobacco products of any kind, alcoholic beverages and glass containers are NOT allowed in the swimming venue. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or lockers rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Photography/video is not allowed behind the blocks. Swimmers and spectators must stay out of the deep end of the indoor pool, the sauna area, the hot tub area, and any other posted area. No shaving permitted on the premises.
- RULES & SAFETY** Current USA Swimming rules will govern this meet. Current Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.
- FORMAT** This meet is SCY, deck-seeded, prelim/final for 10-14 year olds who meet the qualifying time standards. The top 12 fastest swimmers in each event (with the exception of Friday's timed-finals events) will advance to the finals session. Two alternates will be named for each event final. Alternates who want the chance to swim at finals should be ready to swim and wait near the Meet Referee for potential further instructions. Alternates who do not attend finals will not be penalized if they miss their chance to swim. In finals, the A final will follow the B final.
- CHECK-IN** All events will be deck-seeded. Positive check-in is required for all swimmers in all events for timed finals and prelims. Coaches may pick up check-in sheets at the Clerk of Course when they arrive and must return them to the Clerk of Course 45 minutes before the start of the session. Swimmers not positively checked in by the required time will not be seeded.
- SCRATCHES** Swimmers will have 30 minutes to declare their intent to scratch from finals, with the Clerk of Course, after the prelim results are announced. Declaring intent to scratch gives swimmers until 30 minutes after their last event's results are announced to turn in a final decision. If a finalist does not scratch from finals and misses their event, they will be removed from their next prelim. Swimmers who intend to swim in finals do not need to report to the Clerk of Course.
- SCHEDULE**
- | Date | Session | Warm-ups | Meet Start |
|-----------------------|-----------------|-----------------|-------------------|
| Friday, December 9 | 1) Timed Finals | 4:00 pm | 5:00 pm |
| Saturday, December 10 | 2) Prelims | 7:00 am | 8:00 am |
| | 3) Finals* | 5:00 pm | 6:00 pm |
| Sunday, December 11 | 4) Prelims | 7:00 am | 8:00 am |
| | 5) Finals* | 4:00 pm | 5:00 pm |
- *Warm-ups/meet start times for Saturday and Sunday finals sessions are estimates and will be confirmed the week prior to the meet and announced during the prelims sessions. Warm-ups for finals may be held in the outdoor pool, if the previous sessions run long.
- OFFICIALS** Entry into this meet implies your team will provide officials. Please send their names and the session(s) they will be attending to the Meet Referee in addition to the Meet Director. Trainees are welcome during timed finals and prelims. Thank you for your support!
- MEETINGS** Officials' meeting will be held 45 minutes prior to the start of each session. Coaches' meeting will be held 15 minutes prior to the start of each session.
- HOSPITALITY** A hospitality room will be provided for all coaches and officials.

- BULL PEN** No bull pen will be provided for this meet.
- TIMERS** Sign-ups for lane timing will be posted on the wall behind the starting blocks. We invite anyone, 14 & older, from any team, to sign up and help with lane timing.
- AWARDS** Individual awards per age group and gender for timed finals/finals: 10-12 or 11-12, 13-14.
1st – 3rd place individual medals. 4th- 12th place individual ribbons.
High Point Award for top scoring girl and boy from each age group: 10-12 and 13-14.
Relays per age group and gender: 10-12, 13-14.
1st – 3rd place relay medals. 4th – 6th place relay ribbons.
1st – 3rd place team trophies.
- SCORING** Individual timed finals/finals scored by age groups: 10-12 or 11-12, 13-14.
A Final: 1st – 6th place: 16 – 13 – 12 – 11 – 10 – 9
B Final: 7th – 12th place: 7 – 5 – 4 – 3 – 2 – 1
Relays: 1st – 6th place: 32 – 26 – 24 – 22 – 20 – 18
- HEAT SHEETS** \$8.00. Available in the lobby. PSYCH SHEETS (a list of all the swimmers entered in each event without heat/lane information) will be available for purchase, which will include tickets for heat sheets for all sessions. The HEAT SHEETS (with heat/lane information) will be created and printed after the positive check-in deadline during warm-ups. Please bring your psych sheet back to the heat sheet table at the beginning of each session to receive your heat sheet.



Entering the Meet

MEET LIMIT	Approximately 200 swimmers per session. Entries are on a first come, first entered basis.						
ELIGIBILITY	<p>Swimmers must be currently registered with USA Swimming. NO ON-DECK REGISTRATIONS SHALL BE PERMITTED. Only swimmers of invited teams are eligible. All swimmers must be supervised by a USA Swimming certified coach at the meet. If they do not have one, they must report to the Clerk of Course or Meet Director prior to warm-ups to be assigned one. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p> <p>Swimmers must be entered in the meet as individuals in order to participate on a relay. With the exception of individual bonus swims, clearly identified as such, entries must meet the published qualifying times listed on page 7. Swimmers must have met the qualifying times in a USA Swimming sanctioned, approved or observed competition between September 1, 2015 and the entry deadline. Entries which do not meet these standards will be scratched without notification and entry fees will not be refunded.</p> <p>The age-up date is the first day of the meet. A limited number of 15 & Over HEAT swimmers may swim during the prelim sessions; they are not eligible to qualify for finals.</p>						
BONUS EVENTS	A swimmer qualified and entered in one or more individual events may also enter a maximum of two (2) bonus events, subject to the entry limit. A bonus event must be entered with the swimmer's best-achieved time. NT is acceptable. Bonus events must be clearly identified in submitting entries; teams using Team Manager must designate bonus events on the Meet Entries Screen. Please be advised that proof of time and bonus events may not import into Meet Manager from non-Hy-Tek products. Teams using other team management software are asked to use Hy-Tek Lite to complete and submit entries for this meet. It is available at http://www.hy-tek.com/downloads.html at no charge.						
ENTRIES	<p>Please submit YARD times only for seeding. All entries must be submitted electronically via email, using Hy-Tek meet management software formatted files. Swimmers' ages and USA Swimming registration numbers must be included. Please zip the entry file prior to emailing and mail a signed Meet Entry Summary Form (see last page) with payment.</p> <table><tr><td><i>Please email</i></td><td><i>Please mail</i></td></tr><tr><td>Hy-Tek Entry File (zipped)</td><td>Meet Entry Summary Form</td></tr><tr><td></td><td>Full Payment</td></tr></table> <p>With submission of entries, the coach/team representative attests that all swimmers entered are registered with USA Swimming.</p>	<i>Please email</i>	<i>Please mail</i>	Hy-Tek Entry File (zipped)	Meet Entry Summary Form		Full Payment
<i>Please email</i>	<i>Please mail</i>						
Hy-Tek Entry File (zipped)	Meet Entry Summary Form						
	Full Payment						
ENTRY LIMIT	Swimmers may enter ONE EVENT on Friday and a MAXIMUM OF THREE INDIVIDUAL EVENTS PLUS ONE RELAY PER DAY on Saturday and Sunday for a total of NINE events, including qualified events and bonus events. All entries will be strictly limited to meet the USA Swimming four-hour rule. Events may be canceled by the referee to comply with the time limit, though all options to avoid this will be used.						
ENTRY FEES	<p>\$17.00 Surcharge per swimmer (\$3.00 OSI, \$14.00 facilities) \$2.50 per individual event \$10.00 per relay Please make checks payable to: Hillsboro Swim Team. No credits or refunds will be given for entries not swum.</p>						

ENTRY DEADLINE **Entries will be accepted beginning on Monday, November 14, at noon**, on a first come, first entered basis.

Entry deadline is Monday, November 21, at midnight.

Emailed entries must be received by the stated deadline. On-deck additions or changes will not be allowed unless approved by the meet referee.

PAYMENT DEADLINE **Friday, December 2, 2016.** A signed Meet Entry Summary Form and payment must be received by the stated deadline.

**SUBMIT ENTRIES
& PAYMENT TO**

HEAT Meet Director
PO Box 893
Hillsboro, OR 97123
meetdirector@hillsboroheat.org



Order of Events

Friday, December 9, 2016

Session 1 (Timed Finals)			500 FR/400 IM: 500 FR will be swum as fastest two heats of 10-14 girls, then fastest two heats of 10-14 boys; followed by alternating heats girls and boys, fastest to slowest. 400 IM will be swum as fastest two heats of 11-14 girls, then fastest two heats of 11-14 boys; followed by alternating heats girls and boys, fastest to slowest. Results will be by age groups: 10-12 or 11-12 and 13-14.
Positive Check-in: by 4:15 pm			
Warm-ups: 4:00 pm - Timed Finals: 5:00 pm			
Girls	Events	Boys	
1	10-14 500 FR	2	
3	11-14 400 IM	4	

Saturday, December 10, 2016

Session 2 (Prelims)		
Positive Check-in: by 7:15 am		
Warm-ups: 7:00 am - Prelims: 8:00 am		
Session 3 (Finals)		
Warm-ups: 5:00 pm - Finals: 6:00 pm		
Girls	Events	Boys
5	11-14 200 BR**	6
7	10-14 100 FL*	8
9	10-12 50 BR	10
11	11-14 200 BK**	12
13	10-14 100 FR*	14
15	10-12 50 BK	16
17	10-14 200 IM*	18
19	10-12 200 FR Relay***	20
21	13-14 200 FR Relay***	22

Sunday, December 11, 2016

Session 4 (Prelims)		
Positive Check-in: by 7:15 am		
Warm-ups: 7:00 am - Prelims: 8:00 am		
Session 5 (Finals)		
Warm-ups: 4:00 pm - Finals: 5:00 pm		
Girls	Events	Boys
23	10-12 100 IM	24
25	10-14 100 BK*	26
27	10-14 50 FR*	28
29	11-14 200 FL**	30
31	10-14 100 BR*	32
33	10-12 50 FL	34
35	10-14 200 FR*	36
37	10-12 200 Med Relay***	38
39	13-14 200 Med Relay***	40

*Although swum together in prelims, these events will be separated out in finals with an A final and B final for both the 10-12 and 13-14 age groups.

**Although swum together in prelims, these events will be separated out in finals with an A final and B final for both the 11-12 and 13-14 age groups.

***Relays are timed finals and will be swum at the end of finals.



Qualifying Time Standards

2016 Jubilee

10-12 Girls

50 FR	33.09
100 FR	1:13.19
200 FR	2:40.69
500 FR	7:10.79
50 BK	38.29
100 BK	1:24.09
50 BR	43.79
100 BR	1:36.39
50 FL	38.09
100 FL	1:28.89
100 IM	1:23.49
200 IM	3:02.89

10-12 Boys

50 FR	33.99
100 FR	1:14.79
200 FR	2:47.69
500 FR	7:13.09
50 BK	40.49
100 BK	1:28.09
50 BR	45.59
100 BR	1:41.79
50 FL	38.99
100 FL	1:32.39
100 IM	1:26.99
200 IM	3:11.29

11-12 Girls

200 BK	3:05.49
200 BR	3:31.79
200 FL	3:25.99
400 IM	6:40.59

11-12 Boys

200 BK	2:59.29
200 BR	3:23.69
200 FL	3:27.99
400 IM	6:28.09

13-14 Girls

50 FR	30.29
100 FR	1:05.59
200 FR	2:24.19
500 FR	6:28.59
100 BK	1:15.49
200 BK	2:42.89
100 BR	1:26.49
200 BR	3:07.99
100 FL	1:15.69
200 FL	2:57.29
200 IM	2:44.99
400 IM	5:54.39

13-14 Boys

50 FR	29.59
100 FR	1:03.49
200 FR	2:21.39
500 FR	6:25.39
100 BK	1:14.09
200 BK	2:43.29
100 BR	1:24.49
200 BR	3:04.89
100 FL	1:15.49
200 FL	3:04.89
200 IM	2:41.09
400 IM	5:49.49



Meet Entry Summary Form

Age Group Jubilee: December 9-11, 2016

Entry Deadline: November 21, 2016

Payment Deadline: December 2, 2016

Team Information			
Team Name			
Club Code			
Mailing Address			
Contact Name			
Phone			
Email			
Coach(es) Attending Meet			
Name			Cell
Entry Summary			
# of Swimmers entered		X \$17.00 surcharge =	
# of Individual Events entered		X \$2.50 event fee =	
# of Relays entered (if applicable)		X \$10.00 relay fee =	
TOTAL			

Please make checks payable to Hillsboro Swim Team.

I have read the meet information and attest that all swimmers entered hereon are registered with USA Swimming.

Required Signature of Coach/Team Representative

Date

Mail this form and payment to:

**HEAT Meet Director
PO Box 893
Hillsboro, OR 97123**